

# External high quality-factor resonator

## tunes up nuclear magnetic resonance:

### Supplementary information

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#### I. Abragam's formulation of SNR

The theoretical considerations begin by inspecting Abragam's [1] formula for the *SNR* of magnetic resonance detected with a standard *LC* resonance circuit at the frequency  $\omega_0 = 2\pi\nu_0$ . Given the quality factor of the input coil  $Q = \omega_0 L/R$ , the sample volume  $V$ , the magnetization  $M_0 = \chi_0 H_0$ , ( $\chi_0$ : magnetic susceptibility,  $H_0$ : magnetic field) and the detection bandwidth  $\Delta\nu$ , then the *SNR* is given by

$$SNR = k_0 \sqrt{\frac{\mu_0}{4} \frac{2\pi\nu_0}{\Delta\nu} Q \chi_0 \frac{H_0 M_0 V}{k_B T}} \quad (S1).$$

The constants  $\mu_0$  and  $k_0$  are the vacuum permeability and a factor describing the  $B_1$  field homogeneity of the coil ( $k_0 \sim 1$  for a homogeneous  $B_1$  field), respectively. In Eq. S1, the square root of *SNR* is proportional to  $Q^{1/2}$  and to the ratio between the magnetic energy

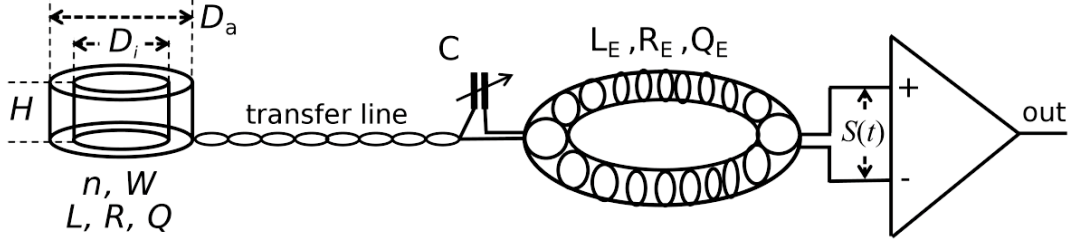
$H_0 M_0 V_s$  of the nuclear spins and the thermal energy  $k_B T$  of the coil. For a cylindrical and symmetrical thin coil (inner diameter  $D_i$  = height  $H$ ) with  $n$  turns and inductivity  $L = \mu_0 \pi n^2 D_i / 4$ , Eq. S1 can be rewritten in a form which depends directly on the coil parameters  $Q$ ,  $L$ ,  $n$ ,  $D_i$  and which can be compared to EHQE theory, as discussed later. By assuming  $V = \pi D_i^2 H / 4 = \pi D_i^3 / 4$ , that the sample volume fits exactly into the cylindrical coil, and the detection bandwidth  $\Delta\nu = \omega_0 / (2\pi Q)$ , Eq. S1 becomes

$$SNR = \frac{\pi^{3/2}}{8\sqrt{k_B T}} \frac{Q}{\sqrt{L}} k_0 \mu_0 M_0 D_i^2 n \quad (\text{S2}).$$

If the coil volume shrinks in the same proportion as the sample volume  $V$ , then Eq. S2 simply reduces to  $SNR \sim Q M_0 D_i^{3/2} \sim Q M_0 V^{1/2}$ . Thus, the  $SNR$  does not depend on  $n$  but rather depends on the square root of  $V$ .

## II. Signal and noise model for EHQE-NMR

Figure S1 shows the essential parts of the EHQE resonance circuit consisting of a thick cylindrical input coil with its geometrical parameters  $D_i = H$ , outer diameter  $D_a$ , number of turns  $n$ , number of turns per layer  $W = H/d$  ( $d$  = wire diameter), a transfer line, a tuning capacitor  $C$ , an external inductivity with a high Q-factor, and a differential amplifier whose voltage and current noises are denoted as  $e_n$  and  $i_n$ , respectively. The electrical properties of the input coil are given by the inductivity  $L$ , the AC resistance  $R$ , and the quality factor  $Q = \omega L / R$ , and those of the external coil are  $L_E$ ,  $R_E$ , and  $Q_E = \omega L_E / R_E$ , respectively. It is assumed that the AC resistance of the transfer line is small (however, it can be included as a small additional term in  $R$ ) and that the Q-factor of the tuning capacitor  $Q_C \sim 10000 > Q$ . Both the current noise ( $i_n$ ) and the voltage noise ( $e_n$ ) of the differential amplifier are not yet neglected.



**Fig. S1: Main parts of the EHQE-NMR resonance circuit.** Not shown are the static magnetic field  $B_0$ , the excitation coil (saddle coil), and the sample with volume  $V = \pi D_i^2 H / 4$  located inside the input coil. After rf excitation, the precessing nuclear spins (Larmor frequency  $\omega_0/2\pi = \gamma B_0$ ) of the sample induce an AC voltage given by  $U_i = k_0 M_0 V (B_1/i) \omega_0$ .

According to the principle of reciprocity [2], the voltage which is induced in the input coil by a precessing nuclear spin ensemble is given by  $U_i = k_0 M_0 V (B_1/i) \omega_0$ , where  $B_1/i$  (field per unit current) is the sensitivity of the input coil. The voltage  $S(t)$  which is measured across  $L_E$  and which is fed into the input of the differential amplifier is given by  $S(t) = L_E dI(t)/dt$ , where  $I(t)$  is the AC current flowing in the EHQE circuit. The term  $I(t)$  can be derived by applying Kirchoff's second law to all components of Fig. S1 resulting in a first-order differential equation  $L_{\text{tot}} dI(t)/dt + R_{\text{tot}} I(t) + C^{-1} \int I(t') dt' = U_i$ . The total inductance and resistance is given by  $L_{\text{tot}} = L + L_E$  and  $R_{\text{tot}} = R + R_E$ , respectively. After differentiation of this first-order equation with respect to  $t$  and division by  $L_{\text{tot}}$ , we obtain a second-order differential equation with an inhomogeneous source term proportional to  $U_i$ :

$$\frac{d^2 I(t)}{dt^2} + \frac{R + R_E}{L + L_E} \frac{dI(t)}{dt} + \frac{I(t)}{(L + L_E)C} = \frac{i \omega_0 k_0 M_0 V (B_1/i) \omega_0}{L + L_E} \exp(i \omega_0 t) \quad (\text{S3}).$$

Inspection of the particular solution of Eq. S3 with the ansatz  $I(t) = I_0 \exp(i \omega t)$  leads to the result that a maximum current  $I_0^{\text{max}} \exp(i \omega t)$  flows in the circuit if the resonance condition  $\omega = \omega_0 = (L_{\text{tot}} C)^{-1/2}$  is fulfilled. At resonance, the maximal signal voltage  $S_{\text{max}}(t) = L_E dI_0^{\text{max}}/dt$  is given by

$$S_{\text{max}}(t) = \frac{i \omega_0 L_E k_0 M_0 V (B_1/i) \omega_0}{R + R_E} \exp(i \omega_0 t) = \frac{i Q_E k_0 M_0 V (B_1/i) \omega_0}{1 + R/R_E} \exp(i \omega_0 t) \quad (\text{S4}).$$

The factor  $Q_E/(1+R/R_E)$  on the right-hand side of Eq. S4 is equal to  $Q_{\text{red}}$ , which is the reduced quality factor and describes the enhancement of the NMR signal induced in the input coil. The total noise measured at the bandwidth  $\Delta\nu$  including Johnson noise of the input coil, voltage, and current noise ( $e_n$ ,  $i_n$ ) of the differential amplifier is given by

$$N = \sqrt{\left[ e_n^2 + \left( R_{\text{tot}} Q_{\text{tot}}^2 \right)^2 i_n^2 + 4k_B T R_{\text{tot}} Q_{\text{tot}}^2 \right] \Delta\nu} \quad (\text{S5}).$$

The term  $Q_{\text{tot}} = \omega L_{\text{tot}}/R_{\text{tot}}$  describes the total quality factor of the resonance circuit and

$R_{\text{tot}} \cdot Q_{\text{tot}}^2$  is the total impedance seen at the input of the differential amplifier. For an EHQE resonator with high values of  $Q_E \gg 100$  and with  $Q_{\text{tot}} \sim 300$ , the impedance  $R_{\text{tot}} \cdot Q_{\text{tot}}^2$  in resonance is typically in the megohm range so that the voltage noise  $e_n$  in Eq. S5 (typically a few nV/Hz<sup>1/2</sup>) can be neglected. Some FET differential amplifiers operating in the lower frequency regime (1–500 kHz) have a current noise  $i_n < 10$  fA/Hz<sup>1/2</sup> so that  $4k_B T R_{\text{tot}} Q_{\text{tot}}^2 > R_{\text{tot}} Q_{\text{tot}}^2 i_n$ . Thus, the current noise term can also be neglected. Assuming that the detection bandwidth is dominated by the width of the EHQE bandpass curve which has a bandwidth of  $\Delta\nu = \omega_0/(2\pi Q_{\text{tot}})$ , then the noise term in Eq. S5 is reduced to  $N = ((2/\pi) k_B T R_{\text{tot}} Q_{\text{tot}} \omega_0)^{1/2}$  which is equivalent to

$$N = \sqrt{2/\pi} \omega_0 \sqrt{k_B T (L + L_E)} \quad (\text{S6}).$$

### III. Model for a thick cylindrical input coil

Since most experimental results were obtained using thick cylindrical input coils with many turns  $n \gg 10$ , the standard expressions for the inductivity  $L$ , the AC resistance  $R$ , and the sensitivity  $B_1/i$  for a thin cylindrical coil [2] (condition:  $D_a - D_i \ll D_i$ ) do not work. For a thick coil, an extended model for  $L$ ,  $R$ , and  $B_1/i$  is needed. According to Hoult and Richards [2], the sensitivity of a thin cylindrical coil with height  $H$ , diameter  $D_i$ , and number of turns  $n$  is given by  $B_1/i = \mu_0 n / (D_i^2 + H^2)^{1/2}$ . We characterized a thick cylindrical coil (with

$H = D_i$ ) made of  $n$  turns of copper wire with diameter  $d$  by the number of turns per thin layer  $W = H/d$ , the number of complete thin layers  $k_{\max} = \text{Integer}(n / W)$  and by the rest  $n_{\text{rest}} = n \bmod W$  of turns forming an incomplete layer at the maximum outer diameter  $D_i + (k_{\max}+1)d$ . Summing over all thin layers results in the exact expression for the total sensitivity of the thick coil

$$\frac{B_1}{i} = \frac{\mu_0}{D_i} \left( \left( \sum_{k=1}^{k_{\max}} \frac{W}{\sqrt{2 + 2W^{-1}k + W^{-2}k^2}} \right) + \frac{n_{\text{rest}}}{\sqrt{2 + 2(k_{\max} + 1)W^{-1} + (k_{\max} + 1)^2W^{-2}}} \right) \quad (\text{S7}).$$

A Taylor series expansion of this expression in the parameter  $k / W \ll 1$  in Eq. S7 up to the third order in  $n$  and neglecting the term containing  $n_{\text{rest}}$  results in

$$\frac{B_1}{i} = \frac{\mu_0}{\sqrt{2} D_i} \left( n - \frac{n^2}{4W^2} + \frac{n^3}{24W^4} + O(n^4) \right) \quad (\text{S8}).$$

Eq. S8 is accurate enough within the boundaries of our experiments  $W > 20$  and  $n < 1000$ . In analogy, by summing over all layers from  $k = 1$  up to  $k_{\max}$ , the inductivity  $L$  of a thick cylindrical coil is given by

$$L = \frac{\pi}{6} \mu_0 n^2 D_i \left( 1 + \frac{n}{W^2} \right)^2 \quad (\text{S9}).$$

Likewise, the AC resistance  $R$  including the skin and proximity effects is

$$R = \frac{4\rho D_i n}{d^2} \left[ \left( 1 + \frac{1}{2W} \right) + \frac{n}{2W^2} \right] \{Skin + Prox\} \quad (\text{S10}),$$

where  $\rho$  denotes the specific electrical resistance of the wire. The factor  $(1 + n/W^2)^2$  in Eq. S9 and the terms containing  $W$  in the square bracket of Eq. S10 both account for the increasing enclosed area and length of the wire due to the increasing diameter of the thick input coil. The term in the square bracket including the prefactors in Eq. S10 describes the DC resistance of the thick input coil. The skin and proximity effects in Eq. S10 are abbreviated as *Skin* and *Prox* and represent the main AC loss factors in the copper wire. According to [3], these two

loss factors can be expressed as  $Skin = 0.5 \xi ((\sinh \xi + \sin \xi)/(\cosh \xi - \cos \xi))$  and  $Prox = (2/3)(k_{\max}^3 - k_{\max}) \xi ((\sinh \xi - \sin \xi)/(\cosh \xi + \cos \xi))$ . The parameter  $\xi = \pi d/2\delta$  is called the skin parameter and is proportional to the ratio of the wire diameter  $d$  to the skin depth  $\delta$ .

#### IV. The core of EHQE-NMR theory

The  $SNR$  of EHQE-NMR is given by the ratio of signal Eq. S4 to the noise Eq. S6 and by inserting Eq. S8 for  $B_1/i$ ,

$$SNR = \frac{|S_{\max}|}{N} = \frac{\pi^{3/2}}{8\sqrt{k_B T}} \frac{Q_E}{(1 + R/R_E)} \frac{k_0 M_0 D_i^2 \mu_0}{\sqrt{L + L_E}} \left( n - \frac{n^2}{4W^2} + \frac{n^3}{24W^4} + O(n^4) \right) \quad (S11).$$

Eqs. S9–S11 represent the core of the EHQE theory and allow a quantitative analysis of the  $SNR$ . The five basic properties of EHQE-NMR theory are: (a) The large  $SNR$  at low frequencies (1 kHz–10 MHz); (b) The initial linear increase in  $SNR$  with  $n$ ; (c) The existence of a maximum  $SNR_{\max}$  at the number of turns  $n_{\max}$ ;

$$n_{\max} = \left( \frac{3 L_E R_E}{2\pi \mu_0 \rho W^2} \right)^{1/3} \quad (S12),$$

and (d) The hyperbolic decrease in  $SNR$  at large values of  $n$ . This latter decrease is caused mainly by the reduced enhancement factor  $Q_{\text{red}} = Q_E/(1 + R/R_E)$ , which decreases with increasing  $n$  (Eq. S10). The final property is: (e) The weak dependence of the  $SNR$  on frequency  $\omega/2\pi$  and on the sample volume  $V$ .

#### V. Experiments supporting EHQE-NMR theory

All of the aforementioned features described by Eqs. S9–S11 fully agree with the  $^1\text{H}$  NMR measurements of benzene in Fig. 3 in the main text, where the  $SNR$  is plotted against  $n$  at five different frequencies  $\omega/2\pi = 500, 166, 83.3, 41.6$ , and  $20.8$  kHz, respectively. The solid lines,

which represent EHQE theory, result from a plot of the calculated  $SNR$  according to Eqs. S9–S11 with the following measured fixed parameters:  $D_i = H = 1$  cm,  $W = 63$ ,  $d = 0.12$  mm,  $^1\text{H}$  polarization  $P = 1.55 \times 10^{-6}$ ,  $^1\text{H}$  spin number density  $n_H = 2 \times 10^{22}/\text{cm}^3$ , sample volume  $V = 450 \mu\text{L}$ , and  $Q_E = \{218, 280, 369, 380, 250\}$ ,  $L_E = \{0.11, 0.55, 3.35, 18.2, 66\}$  mH,  $R_E = \{1.7, 1.55, 4.8, 17.5, 34\} \Omega$  at frequencies  $\{500, 166, 83.3, 41.6, 20.8\}$  kHz, respectively. The values for  $Q_E$ ,  $L_E$ , and  $R_E$  were measured with an impedance spectrometer. The term  $L$  for the input coil is given by Eq. S9. The term  $R$  is determined by the value given by Eq. S10 and by an offset ( $\sim 0.5$ – $1 \Omega$ ) which is attributed to AC losses in the transfer line. Deviations in the experimental values of  $n_{\text{max}}$  from values predicted by Eq. S12 appear at 20–83 kHz in Fig. 3 (main text). To obtain exact values for  $n_{\text{max}}$  at low frequencies, Eq. S11 needs to be evaluated numerically with all nonlinear terms in  $n$ , searching for a maximum  $SNR$ .

## VI. SNR comparison of EHQE-NMR to high-field NMR

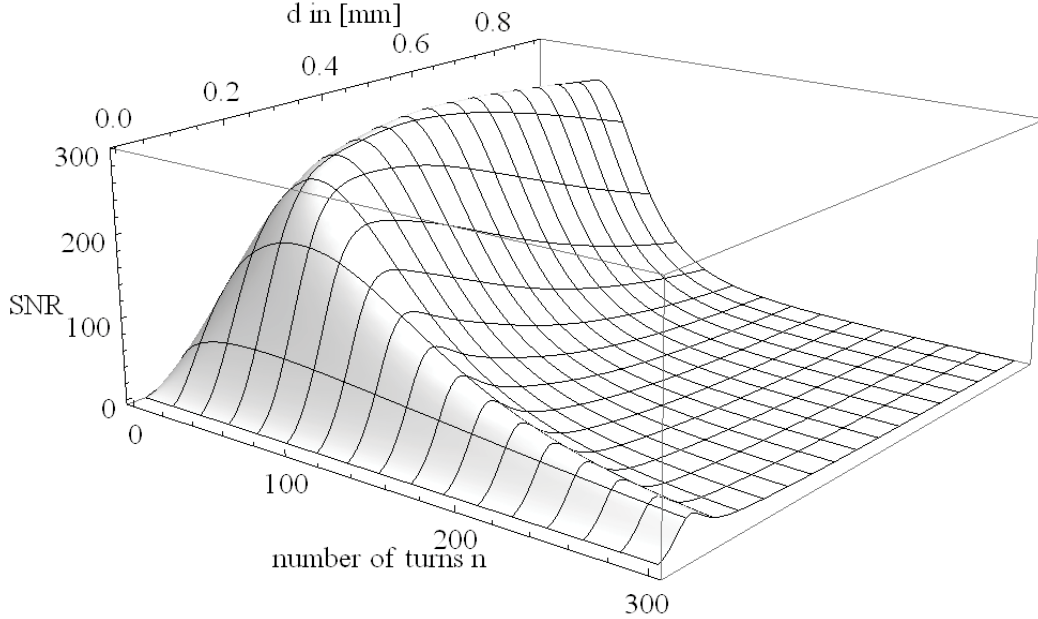
The  $SNR$  for standard NMR in high field given by Eq. S2 can be compared directly to EHQE-NMR Eq. S11 provided that all nonlinear  $n$  terms in Eqs. S9–S11 are neglected. Assuming the same initial polarization  $P$  for a high-field and low-field EHQE-NMR experiment and neglecting proximity effects, the  $SNR$  in high field ( $Q_{\text{NMR}} \sim 30$ ,  $n_{\text{NMR}} \sim 3$ ,  $L_{\text{NMR}} \sim 1$  nH at 500 MHz) is comparable to the  $SNR$  of EHQE-NMR at low field ( $Q_{\text{red}} \sim 300$ ,  $n \sim 90$ ,  $L_{\text{tot}} = L + L_E \sim 0.1$  mH at 500 kHz) giving

$$\frac{SNR(\text{EHQE}, 500\text{kHz})}{SNR(\text{NMR}, 500\text{MHz})} = \frac{Q_{\text{red}}}{Q_{\text{NMR}}} \cdot \frac{n}{n_{\text{NMR}}} \cdot \sqrt{\frac{L_{\text{NMR}}}{L_{\text{tot}}}} \approx 1 \quad (\text{S13}).$$

For  $Q_{\text{red}} > 300$ , the  $SNR$  of EHQE-NMR is expected to be better than standard high-field NMR.

## VII. Predictions from EHQE-NMR theory

The model based on Eqs. S9–S11 is also useful for identifying the best possible  $SNR_{\max}$  when more than one parameter changes. One example is demonstrated in Fig. S2, where the  $SNR$  is plotted as a function of the number of turns  $n$  and the wire diameter  $d$  at a frequency  $\omega/2\pi = 500$  kHz, and for  $Q_E = 314$ ,  $D_i = H = 1$  cm. An absolute maximum  $SNR_{\max} = 300$  exists at  $n_{\max} = 65$  and  $d_{\max} = 0.3$  mm. For the slice in Fig. S2 with  $d = 0.12$  mm, the maximum value is  $SNR_{\max} = 190$  at  $n_{\max} = 75$ , which is close to the experimentally measured value for  $SNR_{\max}$  at 500 kHz (see Fig. 3, main text).



**Fig. S2:**  $SNR$  of EHQE  $^1\text{H}$  NMR of 500  $\mu\text{L}$  benzene as a function of the number of turns  $n$  and of the wire diameter  $d$ . The model parameters for Eqs. S7–S11 are  $\omega/2\pi = 500$  kHz,  $Q_E = 314$ ,  $L_E = 0.14$  mH,  $R_E = 1.4 \Omega$ ,  $D_i = H = 1$  cm, and  $P = 1.55 \cdot 10^{-6}$ . The proximity effect is included. The maximum  $SNR_{\max} = 300$  is reached at  $n_{\max} = 65$  and  $d_{\max} = 0.4$  mm.

The analysis in Fig. S2 for determining the  $SNR_{\max}$  in a two-parameter space  $\{n, d\}$  can be repeated for other frequencies  $\omega/2\pi$ , keeping  $Q_E = 314$  constant and adjusting  $L_{\text{tot}}$  at constant  $C$  to fulfil the resonance condition. This yields an  $n_{\max}$  and a  $d_{\max}$  for every  $SNR_{\max}$  at every given frequency. Fig. S3 presents four different scenarios for  $SNR_{\max}$  as a function of frequency (1 kHz – 10 MHz), keeping  $Q_E = 314$  and  $D_i = H = 1$  cm constant. In all four



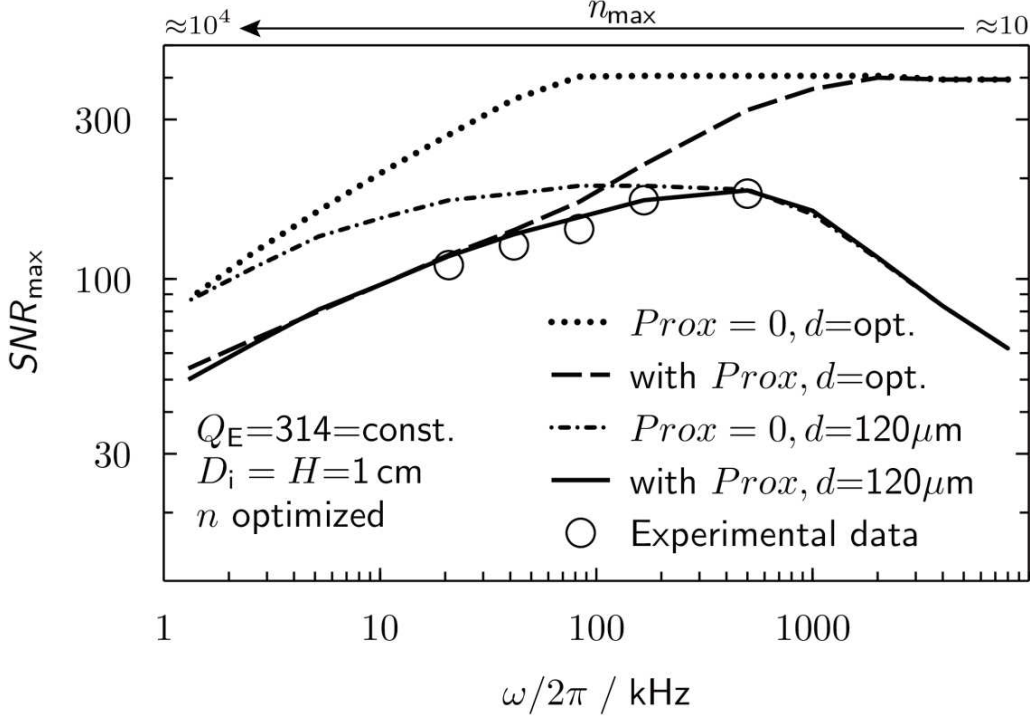
scenarios, the skin effect was included (see Eq. S10, section III) and  $n_{\max}$  is determined by varying  $n$ . As a rule of thumb with increasing frequencies,  $n_{\max}$  decreases, whereas  $d_{\max}$  increases. In the first scenario (dotted line), the proximity effect is neglected ( $Prox = 0$ ) and both  $n$  and  $d$  are optimized to obtain the corresponding  $SNR_{\max}$ . Starting at  $\omega/2\pi = 1\text{kHz}$ , the maximum signal to noise ratio first increases roughly with  $SNR_{\max} \sim \omega^{1/2}$  to a threshold at  $\omega_{\text{th}} \sim 80\text{ kHz}$ ; then,  $SNR_{\max} = 300$  remains constant up to 10 MHz. The values of  $SNR_{\max}$  below  $\sim 80\text{ kHz}$  are decreased because at lower frequencies, large numbers of turns  $n$  result in a large outer input coil diameter, leading to a reduced coil sensitivity  $B_1/i$  and to a higher DC resistance (which is nonlinear to  $n$ , see Eq. S10).

If the proximity effect is included (2<sup>nd</sup> scenario, dashed line), the  $SNR_{\max}$  starts to drop below  $\sim 1\text{ MHz}$  until it reaches  $SNR_{\max} = 54$  at 1 kHz. In the kHz regime, there are many turns  $n$  and a large number of layers  $k_{\max}$  in the input coil, leading to an exploding proximity effect  $Prox \sim k_{\max}^3$  (Eq. S10).

In the 3<sup>rd</sup> scenario (dash-dotted line),  $Prox = 0$  and  $d = 0.12\text{ mm}$  are fixed. At  $\omega/2\pi > 1\text{ MHz}$ , the skin effect (skin depth  $\delta \sim 0.065\text{mm}$  @ 1MHz) becomes important at fixed  $d = 0.12\text{ mm}$ . At frequencies  $> 1\text{ MHz}$ , the skin depth  $\delta$  decreases further and an increasing portion of the conductor with constant diameter becomes unutilized, and consequently  $SNR_{\max}$  drops with increasing frequency. Between 10 kHz and 500 kHz, the  $SNR_{\max}$  is rather flat, and close to 1 kHz, the  $SNR_{\max}$  converges to the value of the 1<sup>st</sup> scenario. The 4<sup>th</sup> scenario (solid line) comes close to the real experiment by including the proximity and skin effects at a fixed  $d = 0.12\text{ mm}$ . Here, at low frequencies (10–500 kHz)  $SNR_{\max}$  increases weakly with approximately  $SNR_{\max} \sim \omega^{0.14}$  (see Fig. 4a, main text) until it reaches a maximum at about 500 kHz. The experimental results (circles) are in good agreement with the theory (solid line). The slight deviations of the experimental data from the theoretical expectation results from

the variation of the measured  $Q_E$  values (218, 280, 369, 380, 250) around the value  $Q_E = 314$  used for the theoretical prediction.

In future, further experiments will be needed in order to verify the predicted theoretical behaviour over a larger frequency range and at exact values of  $Q_E$ .



**Fig. S3:** Calculated maximum signal to noise ratio  $SNR_{\max}$  of EHQE  $^1\text{H}$  NMR of benzene ( $P = 1.55 \cdot 10^{-6}$ ) as a function of frequency  $\omega/2\pi$  (1 kHz–8 MHz) for constant  $Q_E = 314$  and for  $D_i = H = 1$  cm with optimized  $n$ . Dotted line: no proximity effect and wire diameter  $d$  optimized. Dash-dotted line: no proximity effect with constant  $d = 0.12$  mm. Dashed line: with proximity effect and  $d$  optimized. Solid line: with proximity effect and constant  $d = 0.12$  mm. Circles: experimental data.

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